

Information and Travel Advice

BijouFest2016

BijouFest2016 consists of a selection of weeks focused on and specializing in the teaching and enjoyment of a variety of healthy and educational disciplines within the beautiful and relaxing surroundings of the Chateau du Bijou, Le Bijou, Chomerac, 07210, L'Ardeche (click for location) exclusively reserved for the Festival. Guests will also benefit from a broad range of complementary activities, facilities and offerings. Guests will not be required to take part in all (or any!) of the group activities and there will more than enough other options to keep everyone just the right amount of busy. Some of these elements are included, some are available at an extra cost - please book these in advance.

Travel Advice:

From London we recommend travel by train although flying to Lyon or Paris (and thence train) or driving are alternatives. From elsewhere we suggest flying to Paris and taking the TGV fast train to Valence TGV station (not Valence Ville). Train times are subject to confirmation of timetables for the summer. We will meet and return guests to meet specific trains at Valence TGV station. On arrival Sunday we will be at the station to meet the 19:45 arrival from Lille Europe (12:58 from London St Pancras). Trains from Paris and CDG airport arrive at or around this time although some go via Lyon. We will return you to Valence TGV to meet the 10:15 to London via Lille Europe arriving at 16:05. There are also trains to Paris (Gare du Lyon and CDG Airport) at around this time so those who wish to spend an afternoon in Paris or who are flying home can take these.

What's included:

- Luxury accommodation – all rooms have ensuite bath/shower rooms
- All meals (buffet style breakfast and lunch, table service dinners, barbecues and one formal dinner) --- healthy (organic wherever possible), delicious food (with an optional naughty table....)
- Cocktails before dinner
- Wine with dinner
- Mid morning and mid afternoon treats – smoothies, iced drinks etc
- 2 outdoor swimming pools with ample lounging areas for the enjoyment of sun worship and topping up of Vitamin D levels
- Tennis court and equipment (including Pimm's jugs) for those who wish to swing a racquet around (or watch others do the same)
- Al fresco cinema and pizza evening
- Petanque (Boules) area and equipment
- Volleyball / badminton court and equipment
- Use of Chateau bikes for gentle exploration of the local area
- Hike to the summit of Mont Bijou
- Table Tennis
- Croquet
- Introduction to organic wine production in the Ardeche. A class at the Chateau followed by a tasting
- Introduction to 'Bio' French cuisine with local chef Charles
- Gym
- Sauna and Steam room

What's available:

(at extra cost and subject to minimum/maximum numbers where appropriate. Please notify us in advance if you would like to take advantage of these)

- Treatments including
 - Massage and therapies
 - Hair and Beauty
- Kayaking, Horse riding
- Cultural visit to Avignon
- Golf